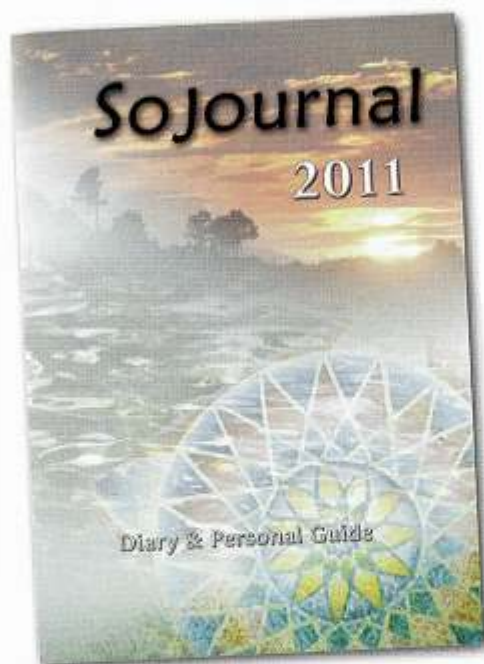


Sojourney

A young girl of 18 sets off on her life's journey, leaving all of her furniture, security and fears behind. She puts in her back pack just enough clothes for a week and no more than she can carry in one go.



She had no idea where she was going. She just knew she had to follow the push in her heart to move on. There was a feeling from behind her - like a warm fist pushing on her heart. A profound feeling, like the warm hand of God. She knew, and she had no fear.

She travelled along the East coast of South Africa for 3 years. This was the beginning of her spiritual journey of self discovery. During this time she met her soul tribe, and also discovered the Mayan calendar. She followed the Mayan teachings on a daily basis for 2 years. Being a traveller, it was easy to fit into the 20 day cycle and observe and experience the wisdom held in each oracle.

When her teacher moved to the Baviaanskloof, in 2001 she took it upon herself to pass the information on. She did this with the creation of the 'Astro Mayan calendar', which indicated the Mayan oracles and western astrology alignments daily.

Because she lived in a cabin in the Knysna forest with no computer, she made the entire calendar by hand. This was her way of merging her creative and technical brain, left and right. The local community was interested in learning, though this had to happen slowly, as and when they were ready for the information.

By 2003 she had used Excel to lay her calendar months out. She cut and pasted her hand-drawn pictures. She got her first computer when she had her daughter in 2004 and moved to Cape Town. She evolved her product to the use of far more advanced programmes, giving a professional finish.

As this reached people via the grapevine and through personal networking, the Astro Mayan calendar sold up to 300 copies every year. In 2007 she decided to create the first diary (SoJournal), as many people had requested this. As she had been self publishing, she decided to register her small publication business, Sojourney Publications.

Using 3 different printers for the best prices, 300 copies were made for the first edition in 2008. She collated each one, page by page and these were sold before they were ready. 2009 sold 900 copies; 2010 sold 1 300. The response has been amazing and, what was a part time passion turned into to a full-time job. The SoJournal out sold the calendar, and became a consolidated publication in 2010.

Julisa is currently moving this business to the next level to maintain its organic growth. The reach has hardly touched the tip of the ice berg in this country and she is working on expanding her resources.

This journey describes much of what the Mayan Oracles teach. To grow organically, learn to crawl before you can toddle, walk, run, and then build to a point where you can fly. Persistence in a consistent project brings fruit to those who can 'bear' the growth.

The meaning of the name 'Sojourney'... what journey? My soul's journey. To sojourn means 'to dwell or live in a place as a temporary resident'. We are on this planet for a life time, which is short in the eyes of the universe. We choose what we do while we are here.

Julisa believes we all have a 'calling', a dream, a passion, the opportunity to follow our heart's desire. When we find ourselves unfulfilled, we may be ignoring what we are truly passionate about. Sometimes we fool ourselves into thinking we are happy, when deep inside we are not; the 'calling' still stirs unanswered.

There have been many challenges on this path, though every time a clear vision of the true path helped with the tough choices. Many times Julisa's friends and family questioned her actions and choice of path, but she had to learn to accept herself and not wait for others to do it for her.

Tune in to your inner core and listen to your inner passion. Many ask, "what happens in 2012, with the Mayan calendar coming to an end?" Julisa's answer is: "as long as you are walking your truth with integrity, you will be at the right place at the right time". She also recommends you learn about the Mayan teachings and what they have to offer in these intense times. Julisa teaches through workshops and the Mayan spiral game (a fun interactive way to learn). **Contact her at 083 334 7089; www.sojourney.co.za**